

How To Learn New Things



At dance class I often have to learn new things. I might have to learn new rules, so that I know what to do in the dance studio. I might have to learn new skills, like how to point my toes and twirl.



Sometimes learning new things can be hard. I might not know how to do the new dance steps.

At dance I try to move my body as I listen to, and feel the rhythm of the music.

This can be confusing sometimes. There is a lot to learn. I try to copy the teacher as much as I can.



When I find learning new things hard there are things I can do to help. I can go to dance class and get help from the teacher, the teacher helper, my class buddy, or the other kids.

I can ask a friend or someone from my family to spend time practicing with me.



**For more stories and information on making dance accessible for everyone
please visit : www.allplaydance.org.au**



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