

# What Are The Rules At Dance Class?



**When I go to dance, there are some rules that I do my best to follow. The rules help keep me safe and make it easier for all the kids to concentrate and learn. Some types of dance have rules about what I can wear.**

**My parents ask the teacher if there are any rules about what I can wear before I start dance.**

**In class, I do my best to pay attention to instructions. I listen when the teacher is talking and watch carefully when she shows us the dance steps.**



**Sometimes I have to wait while other students do an activity or practice a new dance move.**

**I try my best to be patient and wait my turn.**



**Sometimes learning new things can be hard. I can feel sad or worried if it's hard to learn something new.**

**I can make good choices when I'm learning something new. I try my best and give it a go.**

**I remember that it doesn't matter if I make a mistake, and that the important thing is that I keep trying.**

**Listening to my teacher and practicing can help!**



**It's fun going to dance. There are some rules that I need to remember, but I can ask the teacher or my parents if I don't know what to do. There are lots of things I can do at dance class.**



**For more stories and information on making dance accessible for everyone  
please visit : [www.allplaydance.org.au](http://www.allplaydance.org.au)**



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