

Doing A Dance Performance



At dance class, I learn a lot of new dance steps and I practice my dance skills. Sometimes we work on a dance performance for the end of year show. We practice our dance routine every week.



There are lots of good things about doing a dance performance. I get to do the performance with my friends. It is fun dancing with my friends. Sometimes I get to wear special clothes, or a costume for the performance.



Sometimes I can feel nervous or worried about the end of year show. I can feel anxious sometimes if it dark on stage before the show starts, or if the audience claps too loudly. I can get used to these things by practicing. This will help me learn that it is safe.



I want to have a great time at the end of year performance. Some things might make me nervous, but it will also be lots of fun.



**For more stories and information on making dance accessible for everyone
please visit : www.allplaydance.org.au**



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